

# THE 10

## Commandments



**MAPULA MARTHA MALATJI**  
*Illustrations by Jonanda Kannemeyer*

## **THE 10 COMMANDMENTS**

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One Heart  
17 Pelikaan Street  
Stellenbosch, 7600  
South Africa  
[www.oneheartforkids.co.za](http://www.oneheartforkids.co.za)

Author: Dr. Mapula Martha Malatji  
Illustrator: Jonanda Kannemeyer  
Editor and Proofreader: Lisa Thompson-Smeddle  
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# **OLD TESTAMENT BIBLE STORY**

**EXODUS 19-20, 24  
32 and 34**

# **THE 10**

**Commandments**

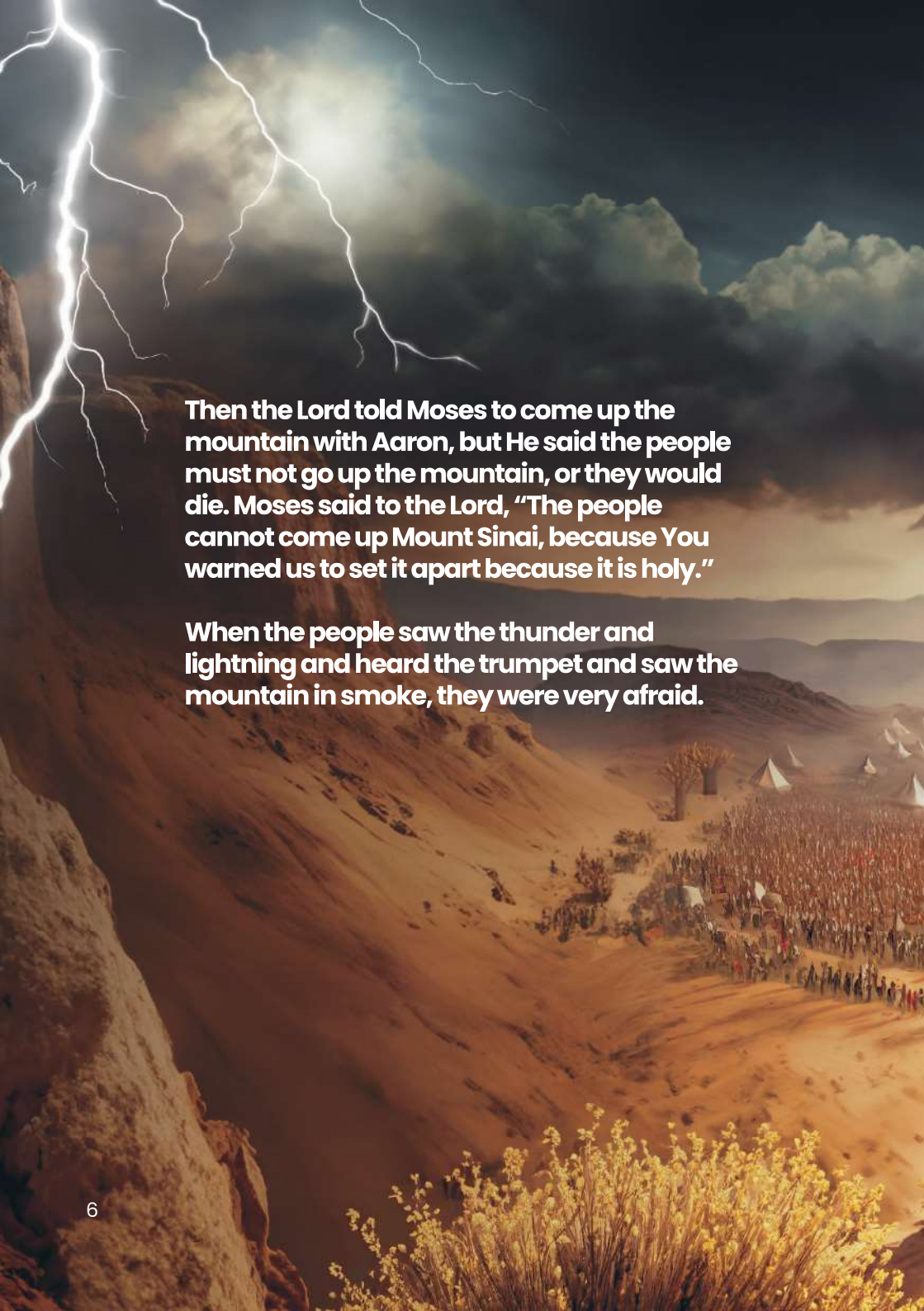
O the first day of the third month after the Israelites left Egypt, they came to a desert called Sinai. They camped there in the desert, in front of Mount Sinai.

Moses went up to speak to God, who told Moses that if the Israelites obeyed Him, they would become a holy nation. So Moses called the leaders and told them what God had said. All the people answered together and said, "We will do all that the Lord has said!" Then Moses brought their answer back to God.

The Lord said to Moses, "I will come to you in a thick cloud so the people may hear when I speak with you, and may believe you forever."

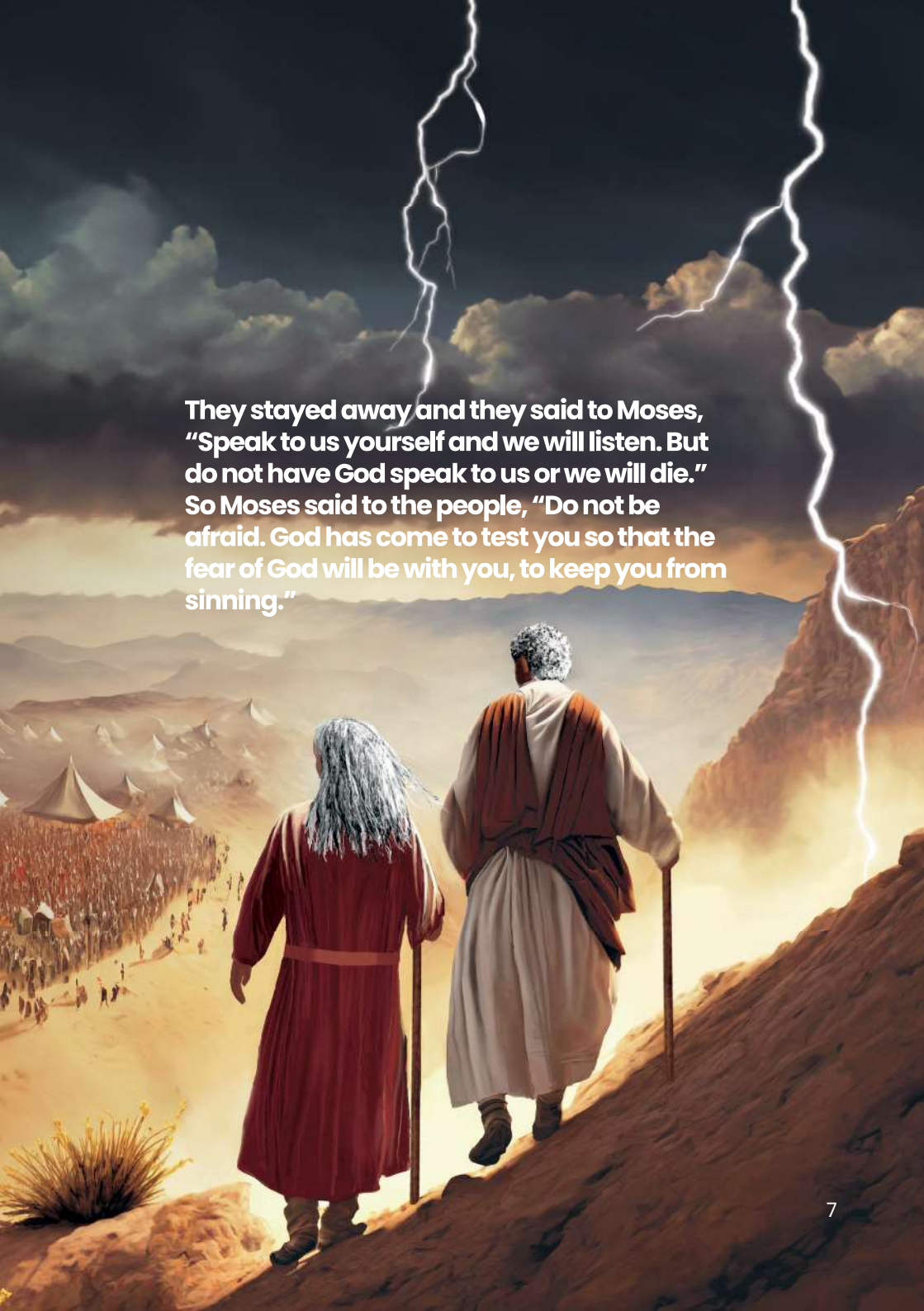
So Moses led the people out of the camp to meet with God, and they all stood at the foot of the mountain. Mount Sinai was covered with smoke because the Lord came down on it in fire. The smoke came up from the mountain and the whole mountain shook violently. The sound of a trumpet grew louder and louder. Moses spoke and God answered him.





**Then the Lord told Moses to come up the mountain with Aaron, but He said the people must not go up the mountain, or they would die. Moses said to the Lord, "The people cannot come up Mount Sinai, because You warned us to set it apart because it is holy."**

**When the people saw the thunder and lightning and heard the trumpet and saw the mountain in smoke, they were very afraid.**

A dramatic landscape with two figures in the foreground and lightning in the sky. The scene is set in a vast, hazy desert with mountains in the distance. In the foreground, two figures are seen from behind, walking up a rocky slope. The figure on the left is wearing a red robe and has long, white hair. The figure on the right is wearing a white robe with a red sash and is holding a wooden staff. In the background, a large camp of white tents is visible on a sandy plain. The sky is dark and stormy, with two bright lightning bolts striking down. The overall atmosphere is one of awe and divine presence.

**They stayed away and they said to Moses, "Speak to us yourself and we will listen. But do not have God speak to us or we will die." So Moses said to the people, "Do not be afraid. God has come to test you so that the fear of God will be with you, to keep you from sinning."**

When Moses went up the mountain, the cloud covered it and the glory of the Lord rested on Mount Sinai. For six days the cloud covered the mountain, and on the seventh day the Lord called to Moses from the cloud.

The glory of the Lord looked like a huge fire on top of the mountain. Then Moses entered the cloud as he went up the mountain and he stayed on the mountain forty days and forty nights.

Then God gave Moses two tablets of the law, written by the finger of God on both sides, front and back.





פֶּסַח חֵירוֹת  
לֹא רָדַפְתִּי  
לֹא נִמְצָא  
לִי רֵעִים  
לֹא אֶגְזַּמְתִּי  
רֵעִי לְעַד יוֹם  
יִשְׁתַּדָּן  
קוֹזָאקָה  
וְשֵׁה וְיָדָה

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קוֹזָאקָה  
וְשֵׁה וְיָדָה

The commandments written on the two tablets were:

**Worship God:** Love and worship God above everything else because God is the most important.

**No Idols:** Do not worship other things. Worship only the one true God.

**Respect God's Name:** Use God's name with care and respect. Do not use it in a mean or empty way.

**Keep the Sabbath Holy:** Rest and spend time with family and God on the special day of rest.

**Honor Your Parents:** Listen to your parents and show them respect because they take care of you.

**No Killing:** Never hurt or kill another person.

**Be Faithful:** Be faithful and true to your husband or wife when you grow up and get married.

**No Stealing:** Do not take things that don't belong to you.

**Tell the Truth:** Always tell the truth and do not lie.

**Be Happy with What You Have:** Do not be jealous of other people's things.

Then Moses went down the mountain with the two tablets in his hands, so he could share them with the Israelites.



## **Prayer**


Dear Lord, thank You that You have given us the 10 commandments and that they are good. Please help us to follow these commandments in our daily lives.

## **Questions**

1. What mountain did the Israelites go to?
2. How did God appear to Moses?
3. Why were the Israelites afraid?
4. Who wrote the commandments?
5. How many commandments did God give?

Can you name some of them?

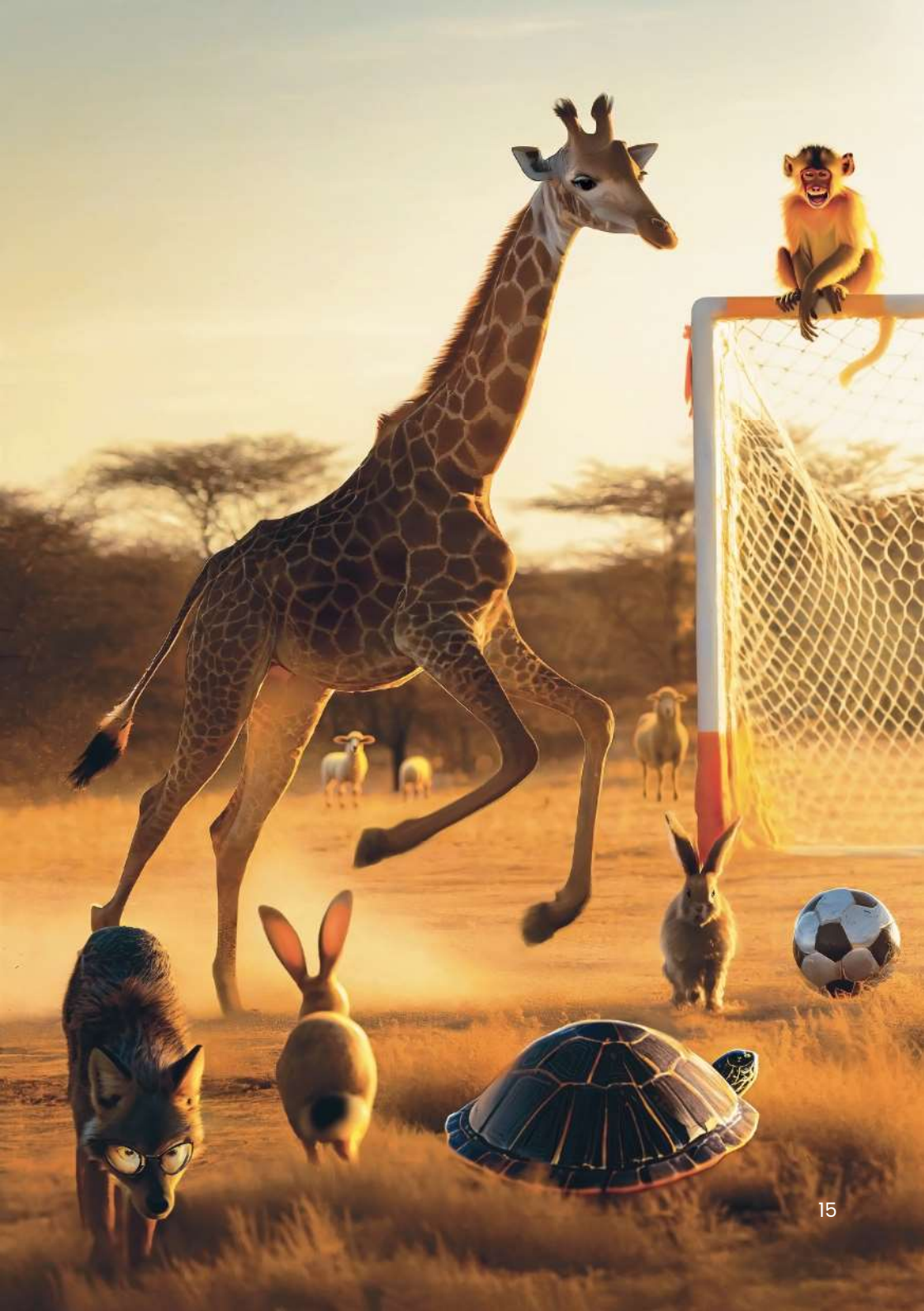
## King Lion Roars

ne day the king of the animals, the Lion, called the animals together for a meeting. They didn't all come, knowing that lions eat animals. The animals that came were turtles, jackals, apes, sheep, rabbits, giraffes and an elephant.

King Lion began to speak, "Listen to me! You need to follow my rules!" I have the Book of the Law, and I will read it to you. Tomorrow, Saturday, you will go and play football. The rules of the game are as follows: We need 11 players for each team. The giraffes will be the goal keepers.

The giraffes were happy to be the goalies because they were tall. The turtles said they couldn't run fast because they carried their heavy houses on their backs. The jackals said that they could not see well during the day, but they would wear glasses.

The apes said they were clever and would show other players miracles. The rabbits were happy because they thought that the lions and jackals wouldn't eat them anymore. The sheep kept quiet. The apes laughed at all of them. Now there were enough animals for the match.



The referee was an elephant because he had a mouth like a whistle. Inside his big ears there were red cards to use in case anyone caused trouble.

When the game started, the rabbits broke the law by grazing on the green grass. The jackals were angry and broke the law by chasing the rabbits. The elephant sent the jackals off the field with a red card. The turtles were too tired to keep playing. The apes went where they pleased. The tall-standing giraffe, who saw everything that happened, reported to the Lion King.

The King roared and commanded that everyone must follow the rules. The animals listened to the King. Each player decided to do their best, and to work together in their teams. In the end, there was a tie score, and all of the animals learned good lessons.





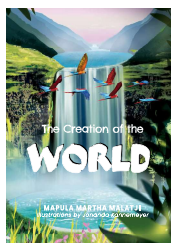
## **Prayer**

Dear Lord, please help us to learn how to work together in teams, and to listen to our parents and coaches when they teach us rules to follow at home or in games.

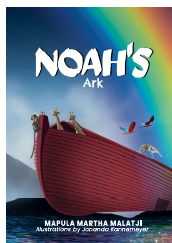
## **Questions**

1. How many players were needed for each team?
2. Who were the goalies?
3. Who was the referee?
4. Did the team members work together in the beginning of the game?
5. What happened at the end of the game?

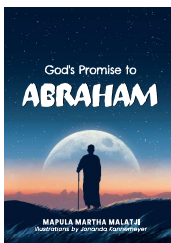
*The 10 Commandments is one of 20 books featuring 10 Old Testament (OT) and 10 New Testament (NT) stories, each with a practical reflection story based on the Bible story.*



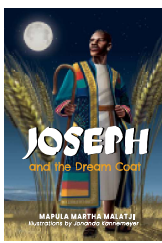
OT Book\_1



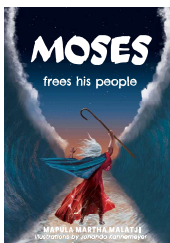
OT Book\_2



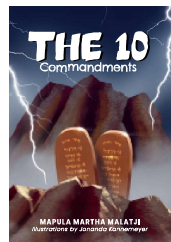
OT Book\_3



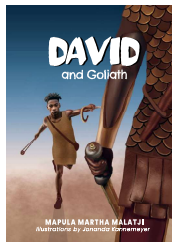
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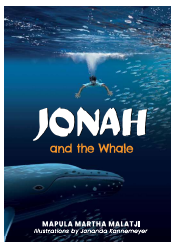
OT Book\_5



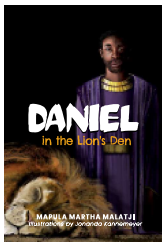
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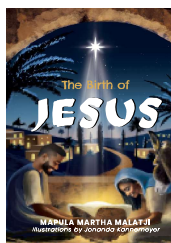
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OT Book\_9



OT Book\_10



NT Book\_1



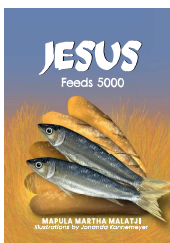
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NT Book\_3



NT Book\_4



NT Book\_5



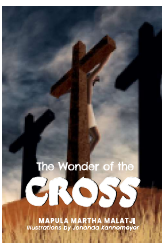
NT Book\_6



NT Book\_7



NT Book\_8



NT Book\_9



NT Book\_10

## **The 10 Commandments**

In this book we will learn about how Moses went up Mount Sinai to talk to God. We will also learn about the 10 commandments God wrote with His finger on stone tablets, and how Moses brought these commandments down the mountain to his people.

## **King Lion Roars**

In this story we will learn how difficult it is when we do not follow the rules of a game. We will also learn about King Lion, the referee, who taught all of the players to play their best and to follow the rules of the game.



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English